Education session



Abnormal Uterine Bleeding (AUB): What GPs need to know

PRESENTERS INCLUDE:



DR SATHANA PONNAMPALAM

Senior Medical Officer in Women's Health,Te Toka Tumai and Endometrial Cancer Equity Clinical Lead, Health New Zealand | Te Whatu Ora Northern Region



DR SUE TUTTY

General Practitioner South Auckland, and Abnormal Uterine Bleeding Implementation Clinical Co-lead Health New Zealand | Te Whatu Ora

AUB is a common presentation in general practice - and the national approach to managing it is changing. This webinar introduces updated clinical guidelines and a nationwide roll-out to support pipelle biopsy and Mirena insertion in primary care. Learn how to identify endometrial cancer earlier and integrate new tools and training into your practice.

Join us to learn what's changing, why it matters, and how you can be part of improving outcomes for patients.

Session focus:

- New national guidelines for AUB Learn about the updated clinical advice, including why pipelle biopsy is now the first-line investigation for those with risk factors for endometrial cancer.
- What's normal? Understand what constitutes normal versus abnormal menstrual bleeding to support timely and appropriate assessment.
- Early detection and risk assessment Endometrial cancer is increasingly seen in Māori and Pacific women under 45 - often diagnosed late. Learn how to assess risk early, including the impact of comorbidities like diabetes and obesity.
- Primary care roll-out Explore the practical roll-out of pipelle biopsy and Mirena insertion, including training and support for primary care teams.
- HealthPathways using the new AUB pathway at the point of care.

This webinar if for GPs, Nurse Practitioners, and nurses supporting menstrual health or performing pipelle biopsies and Mirena insertions.

TUESDAY 14 OCTOBER, 7.00pm - 8.00pm

Format

A presentation followed by moderated Q&A. This Zoom webinar session will be recorded for those unable to attend, and the recording shared on HealthPathways.

Submit questions prior to the webinar via the Comments & Questions field in the registration form.

CPD

Up to 1 hour of professional development - certificate of attendance RNZCGP Fellows - up to 2 CPD points

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REGISTER NOW

Registration required, scan the QR code to register



